

## How Do You Celebrate Birthdays?

Have you celebrated a birthday before?

How did you celebrate?

Did you wear anything special?

Did you eat any special foods?

How else do people celebrate birthdays?



# Celebrating around the World

- Lots of people all over the world celebrate birthdays in similar ways to the people in the UK.
- In the UK, people normally receive gifts on their birthday and they eat special food.
- Some people around the world celebrate birthdays with different traditions to those in the UK.
- There are also people around the world (and in the UK) who do not celebrate birthdays at all. They might celebrate something different, or might not celebrate.

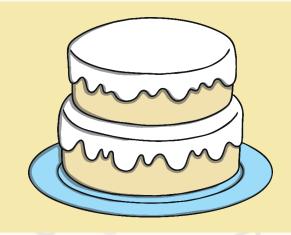
## How Do You Celebrate Birthdays?

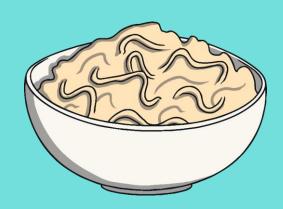


Unlike most people, the Queen celebrates two birthdays each year. Her actual birthday is on 21<sup>st</sup> April each year. She also has an official birthday on a Saturday in June. The Queen's official birthday is often celebrated by people in other countries around the world.

#### Brazil

In Brazil, children have a birthday cake to celebrate. Traditionally, you are supposed to give the first slice to the most important person. It could be either a friend or relative! People also clap hands while singing 'Happy Birthday'.





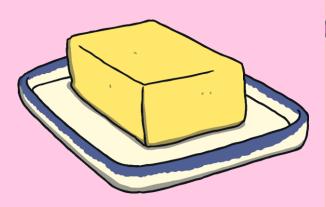
## China

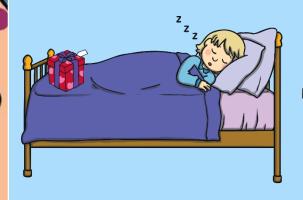
Traditionally in China, people often eat long noodles on their birthday. The long noodles symbolise long life and longevity.

#### Canada

Atlantic Canada, it is traditional to rub butter onto somebody's nose on their birthday.

This tradition is supposed to bring good luck because it makes the child so slippery that bad luck cannot catch them.





#### Denmark

In Denmark, lots of people celebrate birthdays using flags. If a flag is flying outside a house, then it means it is the birthday of somebody inside. It is traditional for children to have gifts placed around their beds while they are sleeping.

#### India

Often, children in India will wear brightly coloured clothes on their birthdays.
They might also take chocolates or other treats to school to share with their friends.





#### Iran

Birthdays are celebrated with cake, special food and candles.

Friends and family are invited for a small party at home.

It is customary for men and women to celebrate in separate rooms.

Traditionally, the women will prepare the food for the party.

### **Ireland**

Ireland, children are often given birthday bumps. People hold the arms and legs of the person and bump them up and down.

Children receive the same number of bumps as their age, plus one more for luck.



### Israel

On their 12<sup>th</sup> birthday, Jewish girls become a batmitzvah. On their 13<sup>th</sup> birthday, Jewish boys become a barmitzvah. In Jewish tradition this means they have the same rights as adults. These birthdays are usually celebrated with religious ceremonies and parties which are also called Bat Mitzvah and Bar Mitzvah.

#### Mexico

One birthday tradition in Mexico is hitting the piñata. A piñata is made out of papier-mâché and is usually made in the shape of an animal and filled with sweets. The piñata is hung from the ceiling and people take it in turns to hit the piñata until the sweets fall out. Everybody then shares the sweets.





### New Zealand

If there is a birthday in New Zealand, some people clap the number of years the person has been alive, plus one more for good luck.



In Nigeria, some birthdays are usually celebrated more than others.

A person's 1<sup>st</sup>, 5<sup>th</sup>, 10<sup>th</sup> and 15<sup>th</sup> birthdays are believed to be very important.

On those birthdays, people often celebrate with a big party.

Traditionally, people enjoy eating 'jollof rice' at special parties. This is a dish of rice with tomatoes, red peppers and onions.

## **Poland**



In Poland, celebrating birthdays is becoming more popular. In the past, people used to celebrate their name day. People are often named after saints and there are special days when each saint is celebrated. Most people in Poland are named after Saints and they celebrate their name day according to which Saint they are named after.

Most people celebrate name days and birthdays by gathering with friends and family and enjoying cards, gifts and food.

#### Russia

In Russia, they like to make a circle around a birthday boy/girl and also sing a song, they then choose someone from the circle. They give presents and pull their ears, to the age of the birthday girl/boy, followed by the saying "Grow up – Don't be noodles".



## Vietnam

In Vietnam, everyone's birthday is celebrated on the same day. It is not usual to celebrate the exact day that someone is born. Instead, everybody has their birthday at the start of the New Year. Children often receive special red envelopes with money inside.

## Similarities and Differences

- Did you notice anything that was similar in the way that different countries celebrate birthdays?
- Did you notice any traditions that were specific to a certain country?
- If you could invent a way to celebrate birthdays, what would you like it to be?



