



HBBS

Havering & Brentwood
Bereavement Service

helping people through bereavement

OVERVIEW

- Individual counselling for children, young people and adults
- Group work for all ages
- Bespoke training for staff
(pastoral teams, year group Heads, MDAs TAs)
- Emergency Response Team
(supporting staff, pupils or parents following a sudden, traumatic or complex event)

INDIVIDUAL COUNSELLING PROGRAMMES

- Young people, their carers, school staff and other professionals
- Specialism not only in bereavement, but also supporting clients in other situations which involve loss (including parental separation and divorce, relocation, loss of relationships and self esteem issues)
- Our staff also have experience and expertise in working with clients facing trauma, anticipatory grief, children with special needs and wide range of mental health issues such as eating disorders, self harming and general anxiety

WHAT WE OFFER

- Initial assessment to explore their needs with the client
- Counselling sessions as part of an individual programme to explore issues
- Closing sessions are held with clients which review their personal journey. Further sessions may be available depending on the needs of the client

We can also offer group work, family work or bespoke training support on a regular or adhoc basis to enable schools and other organisations to support their pupils, staff and other members of the community facing challenging issues.

For further information or to find out how we can help please contact
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